

# KIMOCHI 気持会

Continuing the Japanese Tradition of Care and Support for Seniors

W I N T E R 2 0 2 1

This year, Kimochi marks 50 years of care and advocacy for Bay Area seniors and their caregivers.



It is with the same 'kimochi' that we dedicate ourselves to future generations of seniors, for the next 50.

今年気持会は、ベイエリアの高齢者とその介護者のための擁護と支援活動を始めて50年の節目の年を迎えます。

次世代の高齢者の皆さんにも私達は、今と同じ“気持ち”で次の50年を高齢者の皆さんへ捧げます。

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@kimochi.incorporated

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@KimochiKai



# A Message from the Executive Director

## 事務局長からのメッセージ

Hello Kimochi Families and Friends:

Earlier this summer, I shared my desire with the Board of Directors to cut back on Executive Director responsibilities to allow more time for family. We had begun an executive search so I could step back into an operations management role.

I am happy to inform you that the Board and I have worked through a solution: I will stay on as Executive Director and we will add a Director position to staff -- who will work directly under me learning operations, and will join the other Kimochi Directors. This will spread responsibilities laterally and allow me to continue in the leadership role I very much enjoy, but also spare time for family.

We are very fortunate at Kimochi to have a deep, experienced bench with Rod Valdepenas, Controller; Shawne O'Connell, Director of Programs; Linda Ishii, Director of Residential Services -- with plans to add the additional Director to deepen support. Together, we will continue the Kimochi mission.

And with an eye to the future, we thank those who have made a pledge to the Kimochi Dedication Wall. Your pledge of support can be made up through September 2022. Your gift will be recognized on the Dedication Wall, representing our commitment with you, the Kimochi community, to be there for future generations.

With much appreciation for your support,



Steve Ishii  
Executive Director



Steve Ishii,  
Executive Director

気持サポーターの皆さんへ

数か月前、私は家族との時間を増やすことができるよう、現在の事務局長の役職から以前の役職であるオペレーションズディレクターに戻りたい旨を理事会に伝えました。

その後、私の後任として事務局長を務めてくださる方を探しておりましたが、検討を重ねた結果、引き続き私が事務局長を務め、現行職員 (Rod

Valdepenas/Controller, Shawne O'Connell/Director of Programs, Linda Ishii/Director of Residential Services, もう一人追加予定) と協力して事務局長の業務内容を分担することになりました。新たな業務を担う職員は、直接私の元で業務を習得しながら他のディレクターとも協力して業務を行います。このように業務内容を分担することで、私は今まで通り事務局長を務めながら家族と過ごす時間を増やすことができますようになります。今回このような素晴らしい解決策に至ったことを皆様にお伝えすることができ大変嬉しく思います。

次世代を見据えた気持会の未来に向け、既にデディケーションウォールへの誓約をしていただいた方々には心よりお礼申し上げます。誓約は、2022年の9月まで受け付けております。誓約をしていただいた方のお名前は「皆様と共に気持会が存在し、次世代高齢者とその介護者を支援するために尽力する」という決意と共にデディケーションウォールに刻まれます。

皆様からのご支援に深く感謝申し上げます。

スティーブ・イシイ  
事務局長

## Thank You to Our Agency Sponsors



WCP I DE, LLC

K/T Foundation



# Dedication Wall Update

## デディケーションウォールアップデート

This spring, Kimochi launched the Dedication Wall campaign to raise important funds by September 2022 to sustain and evolve services for the next waves of seniors and their caregivers. We thank you for the generosity of the pledges received to date. Dollars raised will continue to support programs that help seniors live independently for as long as possible, avoiding institutionalization.

Steadfastly, over the past 50 years, Kimochi has been providing meals programs, transportation and social services, home care referrals, adult day activities and assisted living – in the Japanese tradition of care and respect for our elders. To keep these critical services in place and evolve as new generations of seniors and caregivers need help, we ask your support.

Your pledge (minimum \$2,500) will be recognized on the Dedication Wall – and can include the name of a loved one you choose to honor with your gift. Pledges can also be made in the form of a Legacy Gift. You can find more information on the Dedication Wall and levels of giving on our website <https://www.kimochi-inc.org>, or contact Steve Ishii, Kimochi Executive Director @ [sishii@kimochi-inc.org](mailto:sishii@kimochi-inc.org). We thank you for your giving.



この春気持会は、次世代高齢者と介護者へのサービス維持発展のため、2022年9月を期限にデディケーションウォールキャンペーンを開始しました。既に誓約して頂いた方に深く感謝致します。集まった寄付金で、高齢者が介護施設に入居せず、出来る限り長く自立した生活を送れるよう支援するプログラムを継続していくことができます。

気持会は過去50年に渡り、ランチ会食/宅配、送迎、ソーシャルサービス、家庭介護紹介、デイサービス、アシステッドリビングなど、高齢者を敬う日本の伝統的、文化的背景を尊重したサービスを提供してまいりました。これらのサービスを維持し、次世代高齢者と介護者が気持会の助けを必要とするときに、彼らに見合うサービスを提供するため、ご支援くださいますようお願い申し上げます。

皆様から頂いた寄付(最低2,500ドル)の誓約は、名前と共にデディケーションウォールに刻印されます。どなたか大切な人の名前を残すことも出来ます。寄付の誓約はレガシーギフトの形で行うこともできます。デディケーションウォールと寄付の金額に関する詳細は、ウェブサイト <https://www.kimochi-inc.org> を参照するか、気持会事務局長スティーブ・イシイ [sishii@kimochi-inc.org](mailto:sishii@kimochi-inc.org) までお問い合わせください。次世代高齢者とその介護者の未来のために、皆様のご支援とご協力を賜りますよう、よろしくお願い申し上げます。

## A Special Pledge: Hiroko Okawachi

### スペシャルプレッジ:おかわち ひろこ

Hiroko was a long-time volunteer at Kimochi's holiday fundraiser 'Silver Bells.' She also served as the administrative assistant and receptionist at DAE, a multicultural marketing agency, starting in 2000 during the dot com boom when finding entry level staffers was difficult. Hiroko was very willing to learn how to use email and computers, and over the next 15 years she was well-loved not just by the DAE staff but clients as well. Hiroko, a Nisei, was born and raised in the Bay Area and was interned during WWII. When DAE staffers learned of her recent passing, they chose to honor her on Kimochi's Dedication Wall with a collective pledge to remember their friend and DAE family member.

ひろこさんは気持会のファンドレイジングイベント「シルバー・ベル」で、長い間ボランティアを務めていました。また、ドットコムブームでエントリーレベルのスタッフを探すのが難しかった2000年からは、DAE(多文化マーケティングエージェンシー)で、事務/受付としても勤務し始めました。ひろこさんはコンピューターやイメールの使い方などを意欲的に学び、15年もの間DAEのスタッフとしてだけではなくクライアントとしても皆に愛される存在でした。日系二世であるひろこさんはベイエリアで生まれ育ち、第二次世界大戦時には日系人収容所に収容されていました。DAEスタッフはひろこさんの訃報に接し、DAEファミリーとして、また友人として彼女の名をデディケーションウォールに刻むことにしました。



# Kimochi Programs and Services

Please call to inquire as some programs/services have been modified due to COVID

## Community Services (San Francisco)

Kimochi staff plan a variety of monthly activities, such as Tai Chi and Origami & Chat, for independent and active seniors to stay healthy - mind and body.

## Intergenerational CARE Program (San Francisco)

The Kimochi CARE (Children, Adults Respecting Elders) Program is an intergenerational program that aims to bring together older adults with other generations through regularly planned activities and joint engagement. The goal of the CARE Program is to foster relationships that are mutually beneficial to all generations. Kimochi's CARE Program currently has two ongoing activities;

- Kimochi Tech Exchange: Youth and older adults work together to learn new skills and increase comfortability with technology to stay up to date and connected in the digital age.
- Tinkercad 3D Printing: Kimochi is currently recruiting older adults who would like to learn how to use 3D printing software, and who can then share their newfound skills with youth in the community.

If you would like to be a part of Kimochi's CARE Program, please contact Grant Eshima, CARE Program Specialist, at [geshima@kimochi-inc.org](mailto:geshima@kimochi-inc.org) or (415) 931-2294.

The CARE Program is partially funded by the San Francisco Department of Disability and Aging Services, Office of Community Partnerships.

## Family Caregiver Support Program (San Francisco and San Mateo)

The pandemic presents a new set of challenges for friends and family caring for an elderly loved one. You are not alone. Kimochi offers various support programs and educational seminars for caregivers to help you through these difficult times.

## Community Dining Program (San Francisco)

A nutritious, well-balanced, Japanese-style hot lunch is provided 5 days a week, Monday through Friday (except major holidays), from 11:00am – 1:00pm. Onsite, sit-down dining at Kimochi Senior Center is currently closed. Lunch is available for take-away only.

## Home-Delivered Meals (San Francisco)

Seniors who are unable to shop for or prepare their own meals may qualify for our Home Delivered Meals Program. A hot, nutritious Japanese-style lunch is delivered Monday through

Friday, plus frozen meals for the weekend. For the health and safety of staff and clients, Kimochi has instituted a no-contact delivery method.

## Case Management (San Francisco)

Kimochi's Case Management Program helps seniors in San Francisco who are at risk for early institutionalization to coordinate all the services that they may need in order to live safely in their home. Social workers are available via telephone or email consultation.

## Kimochi Home and Kimochi San Mateo Facilities

We are happy to announce that there is good news and updates regarding visiting residents at our facilities.

Visitation has been expanded and now includes

- Indoor visitations (proof of full vaccination or negative Covid test within 72 hours before indoor visit is required. This became effective 09/09/21)
- Hugging, hand holding, brief physical contact are allowed IF both visitor and resident are fully COVID vaccinated + 2 weeks
- Outdoor & Virtual visits continue to be offered as safer alternatives.
- All visits must be scheduled in advance. All visitors must submit to COVID screening & temperature check before any indoor or outdoor visitation.

Outings are allowed and now include

- Holiday celebrations
- Private gatherings
- Extended or Overnight stays

New residents or residents returning from outings do not need to quarantine if they:

- Are fully vaccinated
- Safely follow COVID protocols
- Have not gathered with more than three households

Facial coverings and physical distancing:

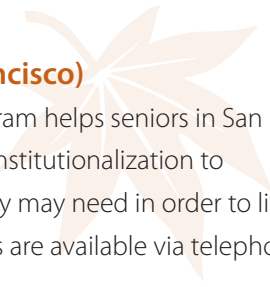
- Continues to be followed and enforced both indoors and outdoors.

Please call us for the most current updates or to apply for residential stays at either residential facility.

Linda Ishii, Director of Residential Services: [lishii@kimochi-inc.org](mailto:lishii@kimochi-inc.org)

Kimochi Home: (415) 922-9972

Kimochi San Mateo: (650) 388-7130





# 気持会プログラムとサービス

コロナ禍のため一部のプログラムとサービスが変更されている為

詳細は電話にてお問い合わせください

## コミュニティサービス(サンフランシスコ)

気持会スタッフは、太極拳や折り紙と談話など、自立したアクティブな高齢者が心と体の健康を維持するためのさまざまな月次活動を計画しています。

## 世代間ケアプログラム(サンフランシスコ)

気持ケア(CARE)プログラムは、定期的に計画された活動を通して高齢者と若い世代の交流を促進するプログラムで、全ての世代間において互いに利益のある関係を育成することを目指しています。現在、以下の2つのプログラムが行われています。

- ・ 気持テックエクステンジ: デジタル時代に対応できるよう、高齢者が若者と共に最新技術を習得するプログラムです。
- ・ ティンカーキャド(Tinkercad) 3Dプリント: 気持会では現在、3Dプリントソフトウェアの使い方を学びたい高齢者を募っています。新たに学んだ最新技術を若者と共有して楽しむことができます。

気持ケア(CARE)プログラムに参加ご希望の方は、 Grant.Eshima (CAREプログラム担当者)まで、メール [geshima@kimochi-inc.org](mailto:geshima@kimochi-inc.org) または電話 (415) 931-2294にてお申込み下さい。

CAREプログラムは、San Francisco Department of Disability and Aging Services とOffice of Community Partnershipsにより一部資金提供を受けています。

## 家族介護者支援プログラム(サンフランシスコとサンマテオ)

パンデミックは、高齢者の世話をしている家族や友人に、新たな課題をもたらした。あなたは一人ではありません。気持会では、このような困難な時期を乗り切るために、介護者向けに様々な支援プログラムや教育セミナーを提供しています。

## コミュニティダイニングプログラム(サンフランシスコ)

月曜日から金曜日(主要な祝日を除く)までの週5日、午前11時から午後1時まで、栄養価の高いバランスの取れた温かい和食ランチを提供しています。現在気持シニアセンターでのオンサイトダイニング(着席式の会食)は休業中です。ランチはテイクアウトのみ可能です。

## 食事宅配(サンフランシスコとサンマテオ)

自分で食事を購入したり準備したりできない高齢者は、気持会の宅配食プログラムを受けることが出来る場合があります。(※要査定)月曜日から金曜日まで、栄養価の高い温かい日本食のランチと、週末に召し上がって頂く冷凍した食事をお届けします。(※要査定)スタッフとクライアントの健康と安全を守るために、気持会では非接触配送方式を導入しました。

## ケース マネジメント(サンフランシスコ)

気持会のケースマネジメントプログラムは、ケアホーム等への早期収容のリスクがあるサンフランシスコ在住の高齢者が、自宅で安全に暮らすために必要な全てのサービスを受けられるようにコーディネートをするお手伝いをしています。ソーシャルワーカーへのご相談は、電話または電子メールで受け付けています。

気持ホームと気持サンマテオ; 高齢者介護施設

訪問する際の規制が緩和されました。以下の事項が含まれます。

- ・ 屋内の訪問(ワクチンカード(注)コロナワクチン2回接種済みであることを証明する)の提示、又は屋内訪問の72時間以内にコロナテストの陰性結果を提示頂くことを義務付けています(2021年9月9日より実施)
- ・ 訪問者と居住者の両者が完全にCOVIDのワクチン接種を完了している場合(最後のワクチン接種から2週間が経過していること)は、ハグ、手を握りあうなど、短時間の身体的接触を許可
- ・ より安全な代替手段として、屋外での訪問、及びバーチャルビジット(オンラインによる)は継続
- ・ 全ての訪問に関して、必ず事前予約を取ること、又全ての訪問者は、インドア、アウトドアビジットに関わらず、入館前に検温とCOVIDに関する問診表に記入すること

居住者の外出許可に関して以下参照。

- ・ ホリデーを祝うための外出
- ・ 個人的な集まりへの参加
- ・ 外泊、長期の外泊

新規居住者又は、外出先から戻って来た居住者は、以下の条件を満たしている場合、隔離をする必要はありません。

- ・ ワクチン接種を完了している場合
- ・ COVID に関する安全手順(プロトコル)に従っていること
- ・ 3世帯以上で集まらない事

マスク等の着用と既定の間隔を保つこと

- ・ 屋内外の両方でマスク等の着用とソーシャルディスタンスを引き続き守って行動する事

居住施設に関するお問い合わせ、施設に関する最新の情報に関しては、以下の連絡先へご連絡下さい。

Linda Ishii, Director of Residential Services: [lishii@kimochi-inc.org](mailto:lishii@kimochi-inc.org)

Kimochi Home: (415) 922-9972

Kimochi San Mateo: (650) 388-7130



# Ways of Giving to Kimochi, Inc.

Help ensure Kimochi's ability to sustain the Japanese tradition of care and support for future generations. Your support will help to make sure Kimochi's programs and services will be available and accessible to all seniors. Kimochi, Inc. is a 501(c)(3) nonprofit tax-exempt organization.

## LEGACY GIFTS

(Endowments, Wills, Trusts, Stocks, Property)

Through the Legacy Giving program, you may be able to increase income, reduce taxes including estate taxes and provide for the future of your heirs.

## VEHICLE DONATIONS

(Accepting operational and non-operational vehicles)

Donate your used car, truck, recreational vehicle, boat, jet ski or motorcycle. Kimochi will assist in all transaction paperwork (non-liability and title) and will make arrangements to pick-up your vehicle at your convenience.

## IN-KIND GIFTS

Donate fresh fruits and vegetables, flowers, paper products, gift items, and healthcare equipment and supplies to one or more of Kimochi's programs. Need for items vary, so please inquire.

## EMPLOYER GIFT PROGRAMS

Designate your annual workplace campaign gift to Kimochi, Inc. or participate in your workplace's gift match program.

## UNITED WAY OF THE BAY AREA

United Way's Donor Choice Program earmarks your United Way gift to an agency of your choice. Designate your gift to Kimochi, Inc. on the United Way Campaign donation form.

## E-WASTE RECYCLING

Get rid of your old electronic waste (TVs, computers, appliances, fax machines, and more) and support Kimochi at the same time! eWaste4good offers free pickup of your working and non-working electronic items. This is an environmentally safe, easy and convenient way to recycle old electronics.

Visit [www.eWaste4good.com](http://www.eWaste4good.com) to see a list of acceptable items and to schedule a pickup. Make sure you designate Kimochi, Inc. as your organization of choice.

For additional information about giving to Kimochi, please contact the Administrative Office at (415) 931-2294 or email [kimochikai@kimochi-inc.org](mailto:kimochikai@kimochi-inc.org).

**Contributions to Kimochi, Inc. are tax deductible (Tax I.D. # 23-7117402). There are many ways you can give to Kimochi, Inc.**



## CORPORATE OPPORTUNITIES

We offer businesses valuable public relations opportunities and high visibility at our special events.

- Become our corporate partner through financial support
- Underwrite one of our many special events
- Support employee gifts with matching corporate contributions
- Contribute in-kind gifts
- Provide speaking opportunities at company meetings

## MAKE A PURCHASE ON AMAZON SMILE!

Amazon launched a new feature in 2013 that is similar to a cashback program: 0.5% of every purchase of eligible products can go towards funding Kimochi's programs and services. Items available for purchase on amazon.com are also available on smile.amazon.com at the same price. Small acts can add up to big differences in benefit of the community. It is very easy to support Kimochi:

Go to smile.amazon.com; type in Kimochi, Inc. in the search box under "Or pick your own charitable organization." Start shopping as you normally would on Amazon.

**amazon**smile  
You shop. Amazon gives.

For additional information about giving to Kimochi,  
please contact Executive Director, Steve Ishii at (415) 931-2294 or [sishii@kimochi-inc.org](mailto:sishii@kimochi-inc.org).



## 寄付の仕方いろいろ

気持会が日本の伝統的なシニアケアを継続できるように、そして次世代にも継承できるように、皆様のご支援をお願いしています。全てのシニアが気持ホームの各種プログラムとサービスを利用できるように皆様のご協力が必要です。気持会は501(C)(3)の非課税を受けられる非営利団体です。気持会への寄付は免税となります。(Tax ID# 23-7117402) 様々な方法で気持会に寄付することが可能です。

### 遺産の計画寄付

(寄贈、遺言、信託、株式、不動産)

計画寄付プログラムによって、ご自身の収入増加、不動産税を含む税金額の減少、相続人の安定した将来を可能にします。

### 乗用車

(運転可能かどうか問わず)

中古車、トラック、トレーラー、ボート、ジェットスキーやバイクを寄付してください。気持会が必要な書類手続きを代行し、ご都合の良い時に乗用車を取りに伺います。

### 現物寄付

新鮮な果物、野菜、花、紙製品、贈答品、ヘルスケア機器と消耗品を気持プログラムに寄付できます。必要な物かどうかお問い合わせください。

### 職場でのギフトプログラム

職場で年間キャンペーンギフトとして気持会のために寄付を集める、あるいは会社のギフトマッチプログラムに参加して寄付できます。

### UNITED WAY OF THE BAY AREA

United Wayのドナーチョイスプログラムでは、United Wayへの寄付を指定したグループに割り当てることができます。United Wayのキャンペーン寄付申込書で気持会をご指定ください。

### E-WASTE リサイクル

使わなくなった電化製品はありませんか？(テレビ、コンピューター、プリンター、ファックス、など) 使わなくなった電化製品を寄付することで気持会をサポートできます！

E-WASTE 4goodでは、無料であなたの使わなくなった(使用可能の電化製品又は壊れている電化製品)をピックアップします。環境に安全で簡単で便利な古い電化製品のリサイクル方です。

ウェブサイトに[www.eWaste4good.com](http://www.eWaste4good.com) にアクセスしてリサイクル可能な商品のリストをご覧ください。その後ピックアップをご予約下さい。

Kimochi, Inc.を寄付先として選ぶのを忘れなく。

詳細は、アドミニストレイティブオフィスにお電話頂くか、Eメールにてお問合せ下さい。

### 企業での寄付機会

大変貴重なPRのチャンスになります。気持会のイベントで企業アピールができます。

- ・気持会の企業パートナーとして、ファンドレイジングイベント金銭的に支援する。
- ・職員の寄付活動をサポートし、集まった金額と同額を企業も寄付する。
- ・現物での寄付
- ・企業ミーティングで講演会を提供

### アマゾン・スマイルでショッピングを!

アマゾンは2013年、キャッシュバック・プログラムに似た新しいサービスを開始しました。これは、該当商品の売り上げ金額の0.5%が気持会のプログラムやサービスに寄付されるサービスです。Amazon.comで購入できる商品は、smile.amazon.comでも同じ価格で購入できます。小さな心遣いでも積もればコミュニティーに大きな影響を与えることができます。気持会を支援するのはとても簡単です。

**amazon**smile

**You shop. Amazon gives.**

まず、smile.amazon.

comのウェブサイトを開き、「Or pick your own charitable organization」の下にある検索ボックスに「Kimochi, Inc.」と入力します。その後は、アマゾンで普段購入するように買い物をしてください。



気持会への寄付に関するお問い合わせは、事務局長スティーブ・イシイ(415)931-2294、[sishii@kimochi-inc.org](mailto:sishii@kimochi-inc.org)までご連絡ください。

# Kimochi Legacy Society

気持会レガシーソサエティー

## Make a Lasting Gift for Future Seniors

To move toward greater future sustainability, we have developed the Kimochi Legacy Society, a planned giving program where an individual or family may incorporate Kimochi into their estate planning. As a member of our Legacy Society, Rhonda Hirata, former Kimochi board member, notes "I am a firm believer in Kimochi's philosophy and wish for our community of elders to have the care and support of this organization for generations to come. I could not be more proud to leave a legacy to this amazing non-profit." Won't you consider being a part of Kimochi's Legacy Society as well?

## Planned Giving Has Impact

Your gift will help ensure Kimochi's programs and services are accessible to seniors and their families as well as enable Kimochi to develop long term strategies into the future.

## Benefits to You and Kimochi

Kimochi's Planned Giving Legacy Society may be a valuable option for you to increase income, reduce taxes, including those on your estate, and provide for the future of your heirs.

## Among the Ways to Give

### Bequests

- Include Kimochi in your Will or Revocable Trust
- Designate Kimochi as a beneficiary of your Retirement Account, IRA, 401(k), 403(b) or Pension
- Name Kimochi as a beneficiary of your Life Insurance Policy

### Charitable Remainder Trusts

- Create an irrevocable agreement to generate an income stream for you and your beneficiaries, with the remainder of the donated assets eventually supporting Kimochi.
- May include assets such as a Home, Land, Business Property, Stocks, and more.

### Retained Life Estate

- Donate all or a portion of your Residence or Vacation Home, but retain use of the property while living in the property.
- At death of the final owner of the estate, proceeds from the sale of the property will go to Kimochi.

気持会が今後もしっかりと継続できるよう、私共は気持レガシーソサエティー、つまり一人や家族がその遺産計画の中に気持会を加えるというブランド・ギビングプログラムを発展させました。気持レガシーソサエティーの一員であるロンダ・ヒラタさんは「私は気持会の考えを固く信じていますし、日本人と日系アメリカ人のシニアが今後も気持会から同じケアとサポートを享受できるようにと願っています。こんなに素晴らしい非営利団体に遺産を贈与することほど誇りに思えることはありません」と語っています。貴方も気持レガシーソサエティーの一員になりませんか。

## ブランド・ギビングは影響力があります。

皆さんからの寄付によって、シニアとその家族は気持会プログラムやサービスが利用しやすくなり、また今後の長期的戦略発展に使用されます。

## あなたと気持会にとってお得です。

気持会のブランド・ギビング・レガシーソサエティーに参加すると、収入増加、減税（ご自身の不動産に対する減税も含む）といった貴重な選択肢につながり、また遺産相続者の収入も提供されます。

## 贈与方法のいろいろ

### 遺産分配

- ご自身の遺言状あるいは不確定（取消）信託に気持会を加える
- ご自身の年金口座（IRA, 401(k), 403(b)）、あるいは年金の受取人の一人として気持会を指定する
- ご自身の生命保険受取人の一人として気持会を指定する

### 残余公益信託

- ご自身と相続人への所得が持続されること、寄付された財産の残りは最終的に気持会に支払われることを明記した取消不可能契約書を作成します。
- この契約は家、土地、商業不動産、株式などの資産を含みます。

### 保留生涯不動産

- ご自身の自宅、別荘の全てあるいは一部を寄付、ただし、その不動産物件に居住している間はその使用权を保持できます。
- 不動産の最終所有者が死亡した際は、土地売却収益が気持会に支払われます。



For more information, contact Executive Director Steve Ishii at (415) 931-2294.

詳細は電話(415-931-2294)にてスティーブ・イシイ事務局長までご連絡ください。



# Kimochi Home and Kimochi San Mateo Open for Resident Applications

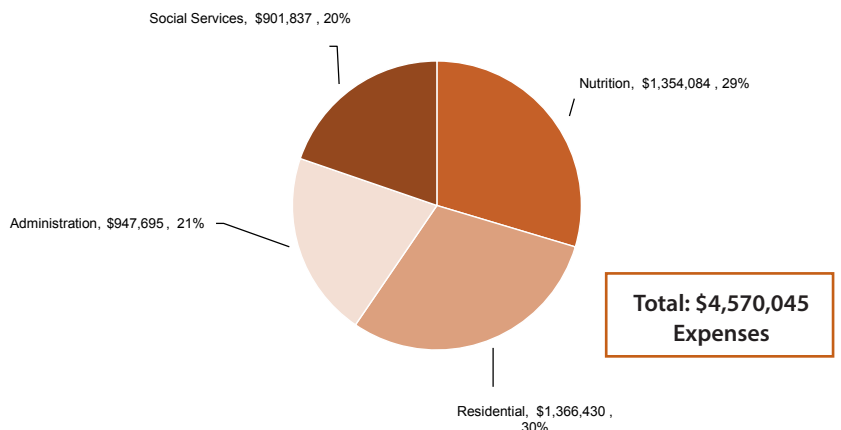
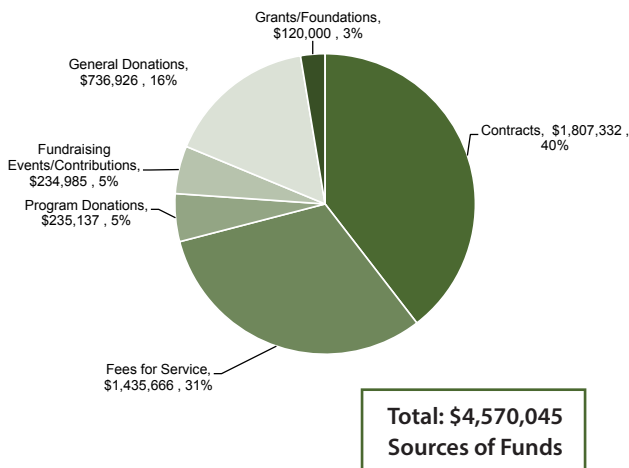
気持ホームと気持サンマテオでは新規入居者を募集しております

Both Kimochi Home and Kimochi San Mateo are currently accepting applicants for residential stays in both facilities. New residents may qualify for reduced fees for the first 2 months of residency. For more information, please call Kimochi Home at (415) 922-9972 or Kimochi San Mateo at (650) 388-7130.

気持ホームはと気持サンマテオでは、新規入居者の申し込みを受け付けています。新規に入居頂いた方に、入居申し込みから2か月間、割引料金での対象となる場合があります。詳細は、気持ホーム(415)992-9972又は、気持サンマテオ(650)388-7130迄ご連絡下さい。



## KIMOCHI, INC. Budget for July 1, 2021 - June 30, 2022 San Francisco & San Mateo



# Donations

Kimochi, Inc. thanks the following donors (monetary and in-kind) for their generous contributions between April 1, 2021 – October 4, 2021 to Kimochi, Inc. Names in bold identify those who have been honored in memory of and in honor of with a donation gift to Kimochi, Inc. This list includes general agency donations and donations designated to support a specific program. It does not include sponsors and contributions for fundraiser events. We apologize for any names we may have missed or misspelled.

## Donations in Memory of

**Hideko Ando**

Chihoko Ando

**Arikoto**

Jeanne (JD) Dea

**Mark Ashizawa**

Masahiko & Kazuye Ikuma

**Mark Berman**

Michael Levy

**Elsie Chung**

Gina Morimoto

**Steven & Char Doi**

John & Marjorie Tsukamoto

**Thelma Fukuji**

Donald & Charlotte Beier

**Bill Fukumitsu**

John & Marjorie Tsukamoto

**Charline Setsuko Hane**

Franklin & Yoko Lum

Kaz & Chizuko Naganuma

Kuniko Naito

Robbie & Sets Otaguro

**Paul & Peggy Hayashi**

Kenneth O. Hayashi

**Jitsuo Higashi**

Sakaye Higashi

**Keiko Hirano**

Joe & Kazuko Ann

Chiappelone

**Shoji Horikoshi**

Will & Myrna Tsukamoto

**June Ikemoto Hum**

Coleen Nakamura

Chan Family Trust

**Virginia Ishida**

John & Diane Noguchi

Kay Nomura

**Stanley Kamiya**

John & Marjorie Tsukamoto

**Mary Kawano**

John & Marjorie Tsukamoto

**Cal Kitazumi**

John & Marjorie Tsukamoto

Will & Myrna Tsukamoto

**Dillon Kon**

Steve & Etsie Nakajo

**Leland Lew**

Craig & Elaine Nakata

**Dora Lum**

Thien & Eng Ng

**Kenneth Matoba**

Steve & Etsie Nakajo

**Jean & Kiyoko Matsubara**

John & Marjorie Tsukamoto

**Fred Y. Matsumoto**

Yutaka & Yoshiko Matsumoto

**Frank Matsuno**

Robert & Mary Oka

**Shug Matsuno**

Leona Nakagawa

Alan Oka

**Motoko Matsuyama**

Amy Teragawa

**Stanley Miyajima**

Steve & Etsie Nakajo

**Eddie Moriguchi**

John & Marjorie Tsukamoto

**Frank Morino**

Jerry & Yasuko Morino

**May Murata**

Tosh Mitsuda

**Joseph Muto**

Frank Mah and Jeannie Young

**Kaz Nakamoto**

Satoru & Carolyn Hosoda

Cindy Nakamoto

Hiko & Susan Shimamoto

**Mr. Nakamura**

Keith Young

**Diane Nakano**

Doug Chan

**David & Lauren Namkung**

Anika Namkung

**Tuong Tam Nguyen**

Thien & Eng Ng

**Haruye Obata**

Paul Bayard

Natalee Ernstrom

Sandra Huang

Arthur & Karen Iwamoto

Susan T. Obata

Margaret Pfeffer

Sheri Schneider

Sally Takata

Tad & Eva Tanaka

**Mitsue Ohsawa**

Lance Ichikawa

**Sally Osaki**

John & Marjorie Tsukamoto

**Tomi Oshiro**

Alfred & Y. Katherine

Inouye- Chu

**Mary Ota**

Todd & Paula Endo

Mi Louie

**Misao Otsuki**

John & Marjorie Tsukamoto

**Sam & Yuki Seiki**

Jonathan Seiki

**Marshall & Misako Sumida**

Will & Myrna Tsukamoto

**Hiroshi Takeda**

Masahiko & Kazuye Ikuma

**Kiku Tsuchitani**

Chiyeko Tsuchitani

**Mary & Tetsuya Tsuda**

William Shirado

**Jane Hara Wong**

John & Marjorie Tsukamoto

**Yami Yamamura**

Irvin K. Sasaki

**Susumu & Tsui Yamasaki**

Kiyoko Yamasaki

**Glenn Yasuda**

Diane & Gen Yasuda

**Mary Yoshifuji**

Misa Flank

## Donations in Honor of

**Yumi Berman**

Haruyo Balistreri

Aiko Kitano

Kazuko Kommer

Seigo Maeda

Rong Fang Ni

Yaeko Noda

Joy Oganeke

Hisako Otakeguchi

Zentaro & Yoko Washio

**Mei Ho & Chris Cabera**

Mary Ann Malkoff

**Paul Chin**

Jeri H. Fujimoto

**Ogee Fairy Erana**

Susan Sakuma



**Lucy Fisher**

Mollie Sugarman

**Kai Fukumitsu**

Susan Sakuma

**Steve Ishii**Kay Nomura  
Sakura Suzuki**Mary Ishisaki**

Marianne Hampton

**Kimochi Social Services**Rong Fang Ni  
Haruyo Balistreri

Mieko Saito

Noriko Sato

**Kimochi Staff**

Peter Almazol &amp; Kathleen Clancy

**Stella Kiyota**

Jeanne Lowe

**Hyunhee Lee**Christina K. Bjorman  
Hi Joung Chi  
Jung Soon Cho  
Alexander Chung  
Yoo Bok Kim  
Hea Ja Kim

Soon Kim

Ji Young Park

Ae Soon Park

**Ko Miyamoto**

Glenn Miyamoto

**Sandy Mori**Alice Nakahata  
Paul Okamoto**Aaron Nakahara**

Yoshiko Lohuis

**Steve Nakajo**

James &amp; Jean Tominaga

**Shawne O'Connell**

Susan Sakuma

**Mary Ota**

Raphael Gerber

**Hsueh Shima**

John Shima

**Grant Tomioka**

Hsueh &amp; John Shima

**Daryn Yukiko Wood**

Tawnee Vallar

**Cindy Yee**

Kinuko Nakamura

## Donations

Kimochi, Inc. thanks the following donors (monetary and in-kind) for their generous contributions between April 1, 2021 – October 4, 2021 to Kimochi, Inc. This list includes general agency donations and donations designated to support a specific program. It does not include sponsors and contributions for fundraiser events. We apologize for any names we may have missed or misspelled.

Kayoko Abe

Gerald &amp; Sharon Adams

Cecilia Ajemian

Anonymous Supporter

Haruyo Balistreri

Benkyodo Company

Berkeley Chapter JAACL

Godofredo Biagtan

Jessica Bukowski

John L. Burton

Cache Creek Casino Resort

Marie Chiu

Eun Ja Choi

Ana Chong

Jack M. &amp; Jun Dairiki

Yoshimi Davis

Cody &amp; Lucy Fisher

Dana Fong

Tyler Gee

Gail Horita Gee

Brenden Glapion

Patricia Guinan

In Suk Han

Glen &amp; Reiko Hatakeyama

Patricia Hattori

Sumie Hayashi

Kenneth, Lynn, James &  
Derrick Higa

Yone Higashigawa

Hikari Farms

Cherie Hishida

Jean A. Hiura

Kenneth &amp; Yoshiko Ho

Geraldine Holganza

Brian &amp; Gayle Horikoshi

Miwako Horisawa

Tom Hoshiyama

Helena Setsuko Huoh

Ken &amp; Karen Imatani

Satsuki Ina

Ryan Iwasa & Naomi Sachi  
Ishida

Susan Iwasaki

Terence Jew

Kenneth &amp; Adele Kaneda

Joyce Kaneshiro

Harvey &amp; Gay Kaplan

Janet Kashiwada

Jane Katsuyama

Tom T. Kawakami

Kibatsu

Catharina Kim

Soon Kim

Jerrold Haruo Takahashi &amp;

Terri Ann Kim

Vivian Kimmelman

Kozo &amp; Kathleen Kimura

Arlene Kimata &amp; Gary Kitahata

Greg Chew &amp; Ellen Kiyomizu

Stella Kiyota

Norman &amp; Connie Kobayashi

Riyo Kunisawa

Rachel Kuruma

Donald &amp; Pauline S Lee

Bill &amp; Darlene Lock

Yoshiko Lohuis

Alfred &amp; Linda L Louie

Franklin &amp; Yoko Lum

Steven Madsen

Gary &amp; Irene Masada

Josephine &amp; Sumi Matsuda

Bill &amp; Tomoko Matsuda

Jayne M. Matsui

Teri Matsumoto

Daphne Matsumoto

Michiko Matsumoto

Mary Anne McGuire-Hickey

Fumiko McWilliams

Mumu Meals

Samantha Mariko Miranda

Mits &amp; Miki Mori

Thomas &amp; Karen Morioka

Elaine Morizono

Jiro &amp; Michiko Mukai

Don &amp; Lillian Munakata

Ron Munekawa

Richard &amp; Linda Muramoto

Alfred &amp; Joy Muranaga

June-Ko Nakagawa Prindle

Helen Nakajo

Karl &amp; Shirley Nakamura

Henry Nakata, Jr.

Nomura &amp; Co.

Kyoko Nonaka

Robert &amp; Delphine Obana

Somao Ochi

Joan Oen

## Donations (continued)

Gregory B. Yee & Karen Ono  
 Chieko Ostigaard  
 David Ota  
 Chihiro Otake  
 Jon Pon & Terry Ow-Wing  
 Ruth Posey  
 John & Keiko Quan  
 Loree de la Ranbelje  
 Ken & Fusako Reed  
 Helen Ripple  
 Robert & Alicia Sakai  
 Naomi Sakai  
 Ruri Sakurada  
 Giichi Sakurai  
 Haruko Sue Sasaki  
 Laverne & Helen Sasaki  
 Irvin K. Sasaki  
 Denise M. Sasaki  
 Sam & Jean Sato

Noriko Sato  
 Yasuyo Satoh  
 Christ Episcopal Church -  
 Sei Ko Kai  
 Elizabeth A. Shields  
 George T. Shimizu  
 Cheryl Shinozaki  
 Takeo & Maye Shirasawa  
 Michael Son  
 Caroline Song  
 Kathyne Keiko Spencer  
 Seiji & Nancy Suzuki  
 Karl Takabayashi  
 Toshiko Takahashi  
 Ko Takemoto  
 Minako Terahira  
 The Rotary Club of  
 San Francisco Chinatown  
 The Wilmot Suwabe Family

Ken Todoki  
 Nagako Tom  
 Kirk & Lyn Tomioka  
 Tomoe Torp  
 Lisa Toyama  
 Maloney Family Trust  
 Ted Tsujishi  
 Keiko Tsukano  
 Atsuhiko Tsunoda  
 Minoru & Toyoko Ueda  
 Akiko Ushijima  
 Gary & Camella Joo Uyeda  
 Mickey & Naoaki Uyemura  
 Rod Valdepenas  
 Mikio Wada  
 Steven Wada  
 Zentaro & Yoko Washio  
 Catch the Wave  
 Lesya Westerman

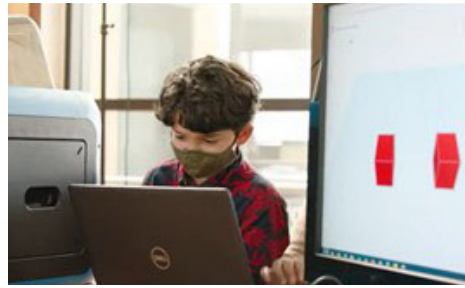
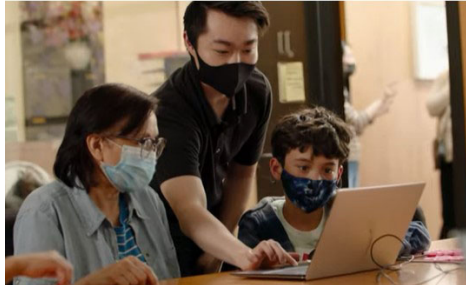
Karen Yakushi Woo  
 Harry & Leona Yahata  
 Minoru & Suzanne Yamada  
 Yasunari & Michiko Yamada  
 Akiko Yamagishi  
 Peko Hisako Yamaguchi  
 Joe & Kimiko Yamaguma  
 Kei & Fusako Yamamoto  
 Tomiko Yamauchi  
 Jason Yasumoto  
 Joan Yee  
 Ronald Yee  
 Betty Lai Fong Yee  
 Akemi Yokoe  
 Craig & Pamela Yonemura  
 Jamie Yoo  
 Robert & Susan Yoshioka  
 Shizuko Zaha





# Kimochi and Autodesk Bring Seniors & Children Together

Autodeskの3D プリンターと気持のCAREプログラムが高齢者と子供たちを繋ぎます



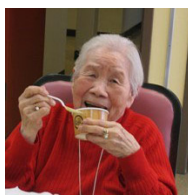
To connect seniors with children to build a more dynamic intergenerational community, Kimochi has introduced Autodesk's Tinkercad and 3D printing to their activities program. Thanks to Gail Tanaka, Kimochi Board Member and Global Lead of the Autodesk Asian Network and Grant Eshima, Kimochi's Intergenerational Program Lead -- and a generous donation from the Autodesk Foundation, Kimochi purchased a 3D printer. Seniors learn Autodesk's Tinkercad software tool and teach children how to design and 3D print cultural items like cherry blossoms and a torii gate. A wonderful opportunity to engage seniors and children together through creativity, technology and understanding culture.

高齢者と子供たちを繋ぎ、よりダイナミックなCARE(世代間)コミュニティを構築するために、気持はAutodeskのTinkercadと3Dプリンターを、気持のCAREアクティビティプログラム(高齢者と若い世代の交流を促進するプログラム)に導入しました。

気持会の理事会メンバーで、Autodeskアジアネットワークのグローバル部門を率いるGail Tanaka の尽力と、CAREプログラムスペシャリストであるGrant Eshimaの協力、そしてAutodesk Foundation からの寄付により、気持プログラムのアクティビティで使用する3Dプリンターを購入することが出来ました。

高齢者は、このプログラムでAutodeskのTinkercadソフトウェアツールを学び、桜や鳥居などの文化的なアイテムをデザインして3Dプリントする方法を子供たちに教えます。テクノロジーを学びながら、創造性を育み、文化交流が出来、そして高齢者と子供たちを結びつける良い機会となります。

UJI TIME DESSERT  
BENEFIT FUNDRAISER



Thank you to Uji Time Dessert for their support.  
During the month of August, a portion of sales  
were donated to Kimochi!

宇治タイムデザートから、8月の収益金の一部を気持  
へ寄付頂きました。ご協力ありがとうございました!

# Kimochi Volunteer Program

## 気持会ボランティア・プログラム

Please call to inquire as COVID-19 has altered Program Volunteer Opportunities.

Volunteers are a much needed and relied upon resource within Kimochi's programs & services and fundraisers. It is with the assistance of volunteers that Kimochi is successful in providing a continuum of care for seniors. From as little as one hour per month to a few hours a day, your volunteer support makes a huge difference.

### Nutrition Services

(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 2:00PM.)

**Food Preparation:** Assist in preparation of meals.

**Weekday Lunch Program:** On-site assistance in serving meals, bussing and resetting of dining room.

**Home Delivered Meals:** Delivery of meals to home-bound seniors.

### Kimochi Home San Francisco and Kimochi San Mateo

(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 5:00PM.) Kimochi Home San Francisco needs tend to be Monday-Friday; weekends for Kimochi San Mateo.

**Escorting:** Escort and assist seniors with daily walks, outings or appointments.

**Receptionists:** Answer phones, greet and assist visitors.

**Activities:** Assist seniors in group activities from bingo, exercise, arts & crafts, calligraphy, etc.

**Projects:** Case by case basis from handyman (fix and repair) jobs, to gardening (planting, weeding, pruning), to office assistance (clerical, etc.).

### Social Services

(Volunteers are needed Monday-Friday year round, between the hours of 9:00AM to 5:00PM.)

**Friendly Visitors:** Visit and provide companionship to seniors who are isolated at home or nursing home on a regular basis.

### Kimochi Lounge

(Volunteers are needed Tuesday-Saturday year round, between the hours of 11:00AM to 3:00PM. Two hour shift. Bilingual Japanese helpful.)

Volunteer duties include: Greet visitors. Assist guests with Japanese books and video rentals. Label informational materials. Organize arts and crafts displays, informational materials, Japanese books and videos. Help keep the Kimochi Lounge clean and organized.

### Fundraisers

(Schedule based on date of event, year round opportunities.)

There are a variety of fundraisers that all can assist in helping us raise funds to support our programs and services to seniors and their families.

### Contact us for more info on how to get started!

Email: kimochikai@kimochi-inc.org or call: (415) 931-2294.

気持会のプログラム、サービス、資金調達活動で、ボランティアが大変必要とされています。ボランティアのサポートがあってこそ、気持会は高齢者ケアを継続して提供できるのです。一日にたとえ1時間から2~3時間であっても、ボランティアのサポートは大きな違いをもたらしてくれます。

### 栄養

(年間を通して月~金、9:00AM~2:00PMの間にボランティアが必要です)

**食事準備:** 食事準備の補助

**団体食事:** ホームでの食事配膳、片付け、ダイニングルームのセッティングの補助

**宅配食事:** 外出できない高齢者への食事配達

### 気持ホーム・サンフランシスコ

(年間を通して月~金、9:00AM~5:00PMの間にボランティアが必要です)気持ホーム・サンフランシスコのボランティアは週日(月曜日から金曜日)で主にお願ひしていますが、気持ホーム・サンマテオでは週末にお手伝ひして下さるボランティアさんを募集しています。

**同伴:** 毎日の散歩や外出への同伴

**受付:** 電話対応、高齢者や訪問者への挨拶・応対

**活動:** ビンゴ、運動、工芸、書道などグループ活動での高齢者補助

**プロジェクト:** 必要に応じた雑用(修理工事)、ガーデニング(植え付け、除草、剪定)、事務補助

### 社会サービス

(年間を通して月~金、9:00AM~5:00PMの間にボランティアが必要です)

**同伴:** 身体の弱い高齢者の予約に同伴

**友好訪問:** 自宅や老人ホームで孤立している高齢者を定期的に訪問、話し相手になります

### 気持ラウンジ

(年間を通して火~土、11:00AM~3:00PMの間にボランティアが必要です / 2時間制 / バイリンガルの日本人だと助かります)

ボランティア内容は、訪問者への挨拶・応対、日本語書籍・ビデオの貸出補助、情報冊子のラベル貼り、工芸ディスプレイ・情報冊子・日本語書籍とビデオの整理整頓、気持ラウンジの掃除や整頓です。

### 資金調達

(予定はイベント日程次第ですが、年間を通してボランティアが必要です)

高齢者や家族に提供するプログラムとサービスを支えるのに必要な資金を調達するイベントが色々あり、誰でもボランティアとして支援できます。

ボランティアに関する詳細情報は、kimochikai@kimochi-inc.org までメールか、(415) 931-2294まで電話にてお問い合わせください。



# Kimochi Volunteers Make A Big Difference

気持ボランティア

**Volunteer Spotlight: Kimochi thanks Cushman & Wakefield's ASPIRE Team for volunteering at Kimochi Nutrition.**

気持ニュートリションに、Cushman&Wakefield'sのASPIREチームの皆さんがボランティアとして参加してくれました。ご協力ありがとうございました。



## Kimochi Loves Our Volunteers!

The continuing support of our program volunteers is vital to Kimochi's efforts to provide care for our seniors. We are grateful for their dedication. Listed are Kimochi program volunteers from April 1, 2021 – October 4, 2021. We apologize for any names we may have missed or misspelled.

Rachel Arnott  
Mayumi Awatani  
Sean Bell  
Trina Blas  
Maria Cabangis  
Cushman & Wakefield  
Michelle Donnelly  
Mike Donnelly

Charles Du  
Yasuyuki Ejima  
Angie Espejo  
Carolyn Fiebleman  
Soojee Hanh  
Teresa Ho  
Akiyo Horiguchi  
Chia Chi Hsieh

Susan Keokham  
Blair Kerr  
Nicole Lau  
Alicia Lee  
Mitchell Lee  
Michael Luo  
Rona Macias  
Emmett Miura

Mika Nakagawa  
Chikako Nakandakai  
Dominique Nguyen  
Fumi Nihei  
Naoko Norigi  
John Okahata  
David Okazaki  
Cythia Pak

Robert Sommons  
Joyce Taira  
Matthew Tominaga  
Herbert Tong  
Cathryn Trieu  
Merlynn Yeehicajji  
Ricky Zhang  
Margarita Zosa







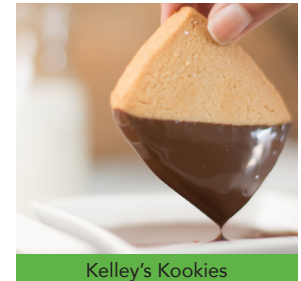
Kimochi



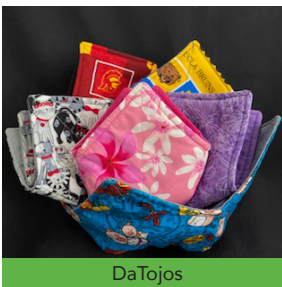
Hanko Designs



Studio Engravers



Kelley's Kookies



DaTojos



Kaoru Sanchez



SumoFish

Silver Bells, one of Kimochi's longest-running and most popular fundraising events, is returning online November 16 – December 10, 2021. The annual Arts & Crafts and Food Faire will feature a large array of hand-crafted items from various artisans. Holiday shoppers can log on to [www.kimochisilverbells.org](http://www.kimochisilverbells.org) to get started – and remember to use **'KIMOCHI'** as your code when you buy items. Proceeds go directly to support Kimochi programs and services for seniors. Let's get ready for the holidays!

気持のファンドレイジングイベントの中でも最も人気があり、長きに渡り開催されているシルバーベルが、2021年11月16日から2021年12月10日までオンラインイベントとして戻ってきます。毎年恒例のアートアンドクラフトフェアでは、様々な職人による手作りのアイテムが多数展示されます。

ホリデーオンラインショッパーの皆さんは、ウェブサイト[www.kimochisilverbells.org](http://www.kimochisilverbells.org)にログオンしてください。アイテムを購入する際は、コードとして「**KIMOCHI**」を使用することをお忘れなく。収益金は、気持のプログラムやサービスを支援するために使われます。気持のシルバーベルオンラインショッピングで、ホリデーシーズンの準備をしましょう！

## Kimochi Board of Directors

Rod Henmi, *Chairperson*  
 Greg Yee, *Vice Chairperson*  
 Mary Ishisaki, *Secretary*  
 Jane Yura, *Secretary Treasurer*

Roy Ikeda  
 Mari Kawaguchi  
 Mark Moriguchi  
 Aaron Nakahara

Benh Nakajo  
 Peter Namkung  
 John Noguchi  
 Kyle Oura

Dennis Sato  
 Gail Tanaka  
 Michi Yukawa, M.D.

# Kimochi, Inc. Staff Directory

## KIMOCHI ADMINISTRATION

1715 Buchanan Street, San Francisco, CA 94115  
tel (415) 931-2294 fax (415) 931-2299

Steve Ishii, *Executive Director*  
Diane Noguchi, *Assistant to Executive Director*  
Shawne O'Connell, *Director of Programs*  
Rod Valdepenas, *Controller*  
Dorothy Gin, *Payroll Manager*  
Akiko Donohoe, *Administrative Assistant*  
Debbie Hsieh, *Administrative Assistant*  
Aki Akiyama, *Receptionist*  
Riyo Kunisawa, *Receptionist*  
Guadalupe Gutierrez, *Janitor*

## COMMUNITY SERVICES

1840 Sutter Street # 101, San Francisco, CA 94115  
tel (415) 931-2287 fax (415) 931-2299

Ryan Kobayashi, *Program Coordinator II – Community Services*  
Carlos Osorio, *Paratransit Driver*  
Craig Ikuma, *Paratransit Driver*

1715 Buchanan Street, San Francisco, CA 94115  
tel (415) 931-2294 fax (415) 931-2299

Grace Hulleza, *Community Services Program Specialist*  
Grant Eshima, *C.A.R.E. Program Specialist*

## SOCIAL SERVICES

1715 Buchanan Street, San Francisco, CA 94115  
tel (415) 931-2275 fax (415) 931-2299

Yumi Berman, *Program Coordinator II – Social Services*  
Yoshimi Higuchi, *Case Manager*  
Hyunhee Lee, *Case Manager*  
Cindy Yee, *Nihonmachi Terrace Case Worker*

## KIMOCHI SENIOR CENTER

1840 Sutter Street # 101, San Francisco, CA 94115  
tel (415) 931-2287 fax (415) 931-2299

Kai Fukumitsu, *Senior Center Coordinator*  
Ogee Fairy Erana, *Senior Center Assistant*  
Andrew Esterline, *Nutrition Program Aide*  
Greg Hamaguchi, *Head Chef*  
Yoshiki Inagawa, *Assistant Cook*  
Shinya Sugizaki, *Assistant Cook*  
Walter Schulze, *Home Delivery Driver*  
Dave Sugaya, *Home Delivery Driver*  
Gustavo Cardoza, *Dishwasher*  
Xiao Fan Mo, *Dishwasher*

## KIMOCHI HOME

1531 Sutter Street, San Francisco, CA 94109  
tel (415) 922-9972 fax (415) 922-6821

Linda Ishii, *Director of Residential Services*  
Sandy Ishii, *Adult Day Coordinator*  
Misaki Sugai, *Assistant Coordinator*  
Tsoodol Altantuya, *Resident Assistant*  
Bolormaa Bayarmagnai, *Resident Assistant*  
Hiromi Cardoza, *Resident Assistant*  
Mercedes Hernandez, *Resident Assistant*  
Yumie Ono, *Resident Assistant*  
Aireen Rivera, *Resident Assistant*  
Michiko Turks, *Resident Assistant*

## KIMOCHI SAN MATEO

453 N. San Mateo Drive, San Mateo, CA 94401  
tel (650) 388-7130 fax (650) 340-0256

Linda Ishii, *Director of Residential Services*  
Bhawana Shah, *Care Manager*  
Terue Shinohara, *Support and Wellness Manager*  
Masashi Harada, *Head Chef*  
Myrna Bagus, *Resident Assistant*  
Alicia Fontanilla, *Resident Assistant*  
Leslie Halaapiapi, *Resident Assistant*  
Elizabeth Nakata, *Resident Assistant*  
Anacorita Smith, *Resident Assistant*  
Seforsa Tavuki, *Resident Assistant*  
Myrna Torio, *Resident Assistant*  
Clara Vibar, *Resident Assistant*  
Erlinda Dequina, *Resident Assistant*

## KIMOCHI LOUNGE

1531 Sutter Street, San Francisco, CA 94109  
tel (415) 922-9972 fax (415) 922-6821

Not staffed at this time. Please call Kimochi Administration.

# Kimochi, Inc. Service Directory

*Continuing Generations of Caring*

Since 1971, Kimochi, Inc. has developed and promoted an intergenerational philosophy of care for Bay Area seniors and families. Our current continuum of care includes the following programs and services:

**Please call Kimochi sites as some programs and services may have been altered due to COVID-19.**

## Kimochi, Inc.

**1715 Buchanan, San Francisco, CA 94115 • Administration: (415) 931-2294 • Social Services: (415) 931-2275 • Fax: (415) 931-2299**

### Administration

The Administrative building is owned and operated by the agency and houses the administrative staff and the volunteer program.

### Social Services Program

Our staff is multilingual in English, Japanese, and Korean and provides language translation, information and referral, counseling, family caregiver support, case management and homecare registry assistance.

The program annually assists 600 seniors and families providing 5,000 hours of services.

### Club Nikkei

This membership based program is designed to outreach and provide healthy, independent seniors with a range of social activities and excursions to enjoy. Staff provides members with an activity calendar and transportation options.

### Home Safety Service

Staff schedules and conducts home safety assessments for San Francisco homeowners to help them identify potential and existing safety issues that could compromise their ability to live safely and comfortably at home.

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## Kimochi San Mateo

**453 N. San Mateo Drive, San Mateo, CA 94401 Tel:(650) 346-7130 Fax: (650) 340-0256**

### Residential Care (License #415600974)

Kimochi San Mateo is licensed by the State of California to provide 24 hour supervised non-medical care to ambulatory and non-ambulatory seniors. We have the capacity to house 14 seniors in either single or shared rooms. Each room has a private bathroom. Please call for more information on how to apply for a stay with us.

### Home Delivered Meals Program

Japanese and Asian style hot lunches are prepared and delivered Monday through Friday for seniors living at home. Meals are for those who are homebound and unable to prepare meals on their own. This is a donation based program and deliveries are scheduled based on need and geographic proximity to the Kimochi San Mateo site.

### Family Caregiver Support Program

Family members and friends are often providing caregiving support to their spouses, parents and to seniors in the community. This program offers information, outreach and supportive services to strengthen a caregiver's capacity to help keep seniors at home. We schedule presentations, home visits, support groups, and provide information and referrals to help address the unique needs of each family who contacts us.

**Please visit our website at [www.kimochi-inc.org](http://www.kimochi-inc.org) for more information about our various programs and services.**

**If you would like to be on our mailing list, please contact Kimochi at (415) 931-2294 or [kimochikai@kimochi-inc.org](mailto:kimochikai@kimochi-inc.org).**



## Kimochi Lounge

**1581 Webster Street #201, San Francisco, CA 94115 • Tel: (415) 563-5626 • Fax: (415) 931-2299**

The Kimochi Lounge, located within Japan Center, is the agency's original site. Seniors come to "the lounge" to catch up on community news and socialize. The site also houses a book and video library where seniors can check out materials for free. There is also a senior information and resource section with health, safety, nutrition, and caregiving materials for seniors and families.

This site is annually visited by 5,000 seniors, families, and visitors from throughout California and other countries.

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## Kimochi Senior Center

**1840 Sutter Street, #101, San Francisco, CA 94115 • Tel: (415) 931-2287 • Fax: (415) 931-2299**

(Japanese Cultural and Community Center of Northern California – JCCCNC)

### Weekday Lunch Program

A nutritious well-balanced Japanese style hot lunch is provided five days a week. Any senior 60 years of age or older is welcome. A five week menu is produced by staff, and our nutritionist ensures each meal is healthy, nutritionally well-balanced and adequately proportioned for seniors. An average of 300 meals is served daily. During the pandemic, over 500 meals are currently served daily.

The program annually serves 1,200 seniors 75,000 lunches.

### Home Delivery Program

Seniors who are physically unable to travel to the senior center due to a disability or illness, can receive our Japanese style hot lunches at home. Each recipient is required to complete an eligibility assessment on a quarterly basis.

The program annually serves 130 homebound and frail seniors 29,000 lunches.

### Senior Center

In addition to enjoying lunch at the nutrition program, seniors are encouraged to participate in activities at The Center. Staff and volunteers plan and offer a variety of activities on a monthly basis. We have morning exercise classes, a ceramics class, group singing classes, odori, bingo, arts and crafts, day trips, and overnight trips.

The program annually serves 300 seniors and offers 700 hours of exciting activities.

### Transportation

Safe and reliable door-to-door transportation services are provided to help seniors maintain a connection with their community and friends. Transportation can also be requested for medical trips and grocery shopping.

The program annually assists 150 seniors with 10,000 rides.

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## Kimochi Home

**1531 Sutter Street, San Francisco, CA 94109 • Tel: (415) 922-9972 • Fax: (415) 922-6821**

### Adult Day Program (License # 380504138)

This program is licensed by the State of California to provide seniors in need of supervision and support with a schedule of social and recreational activities in a safe and secure setting.

The program annually assists 40 seniors who receive 21,000 hours of services and activities.

### Residential and Short Term Respite Care (License # 380504099)

This program is licensed by the State of California to provide 24 hour non-medical care to ambulatory seniors. We have the capacity to house 19 seniors in either single or shared rooms.



CONTINUING THE JAPANESE TRADITION  
OF CARE AND SUPPORT FOR SENIORS

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### Updates to receiving our Newsletter

For those of you who would like to receive our next newsletter electronically, please email us at [kimochikai@kimochi-inc.org](mailto:kimochikai@kimochi-inc.org) and we will be happy to accommodate your request. Those of you who would like to continue receiving a printed newsletter, no action required. We will continue sending you the newsletter through the mail.

### ニュースレターの受け取り方

次回のニュースレターを電子版で受け取りたい方は、Eメールにて右のアドレスへお知らせください。[Kimochikai@kimochi-inc.org](mailto:Kimochikai@kimochi-inc.org) 喜んでご対応致します。今まで通り印刷したニュースレターをご希望の方は、これまで通り郵送で送りますので特にご連絡頂かなくて結構です。

Visit us online at [www.kimochi-inc.org](http://www.kimochi-inc.org)

Stay connected with Kimochi, Inc.



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#kimochi.incorporated  
@KimochiKai